

Generations Unit Patient Rules

1. Patients are expected to attend all groups and remain in groups until dismissed.
2. In order to promote patient safety and to provide therapeutic structure, bedroom doors will be kept closed and locked during unit programming and during meal times (8:00 a.m. – 8:00 p.m.), although patients are allowed time in their room for rest/relaxation from 3:00 p.m. – 4:30 p.m. daily, per unit schedule.
3. Patients may watch television during scheduled free times only. Television and telephone use will not be allowed during scheduled groups/activities.
4. Visitation takes place in the dining room **on Mondays, Wednesdays, Fridays, Saturdays, and Sundays from 2:00pm until 3:00pm, and on Tuesdays and Thursdays from 6:15pm until 7:15pm.** Only two (2) visitors are allowed at a time per patient. No children under the age of 12 are allowed to visit. No outside food is allowed to be brought in by visitors.
5. Outgoing telephone calls are limited to between groups and during scheduled breaks/free time. Patients may receive incoming calls during the following hours: **12:15pm – 1:00pm, 3:30pm – 4:30pm and 6:15 pm – 7:15 pm.** Telephone calls are limited to ten (10) minutes each.
6. Food/drinks are not allowed in patient rooms.
7. Patients may not bring food/drinks back to the unit from the dining room.
8. The kitchen galley is closed from 11:00 p.m. until 5:00 a.m., although water is always available.
9. Patients are asked to respect each other's personal boundaries and space. Patients are not permitted to visit in other patient rooms. Patients are not to have physical contact with each other.
10. Patients are asked to not use vulgar and/or inappropriate language.
11. Personal belongings that have monetary value are to be limited or sent home. The hospital is only responsible for items left in the safe.
12. Patient belongings should not include sharp or dangerous items.
13. Patients will wear proper attire: no short shorts or shirts, midriff-baring shirts, halter tops, clothes with vulgar language. Patients should avoid wearing pajamas or robes in the day areas. Patients must wear shoes, slippers or slipper socks at all times. Under-wire bras, hats and bandanas are not allowed.

SPRINGWOODS

BEHAVIORAL HEALTH

14. Patients are required daily to complete their activities of daily living: shower, wash hair, brush teeth, wear deodorant, wash and wear clean clothes, use hand sanitizer. Patients may use the laundry facilities with staff supervision.
15. Springwoods is a smoke-free, tobacco-free facility. However, smoking cessation products are available on the unit.
16. Patients may wear wedding bands only. No other jewelry will be allowed on the unit, including watches and body jewelry.
17. Make-up must be kept in patient's hygiene buckets and may only be used under supervision. Glass containers and mirrors are not allowed.