



When is visitation?

Visitation for patients on the **ADULT** unit at Springwoods occurs in the dining room during the following times:

***Tuesday, Thursday, Saturday and Sunday
from 6:15p.m. to 7:15p.m.***

These hours will help avoid interruption in the treatment process. Visitation outside these times must be approved by the physician and treatment team. Due to safety concerns, children under the age of 12 are not permitted to visit. Only 2 visitors are allowed at a time per patient. If any visitors are former patients of the hospital, permission of the treatment team must be obtained prior to visitation. We strongly encourage former patients to not visit anyone in the hospital for at least 1 year after they have been discharged. Anything brought to you by a visitor must be checked at the nurse's station. Visitors may not bring purses, cell phones, bags, lighters, etc. in the visitation area. Special arrangements can be made for visitation to occur on the unit when a patient is restricted to the unit, provided that staff is able to accommodate this request safely. **Patients are not permitted to have visitors in their rooms.**

What about telephone calls and mail?

There are telephones available for patient use; however, there are no telephones in patient rooms. Telephone use is not permitted during group times and scheduled activities. Outgoing calls can be made during free times; Incoming calls are accepted daily between the hours of **10:15am – 11:00am** and **5:15pm – 6:15pm**. As a courtesy to other patients, please attempt to limit telephone calls to 10 minutes.

The phone number to the main switchboard at Springwoods is: **(479) 973-6000**

Incoming mail is distributed daily. Letters and packages must be opened in front of the staff to prevent the possibility of dangerous or restricted items arriving on the unit. Outgoing mail is picked up daily. The mailing address to Springwoods is:

**Springwoods Behavioral Health
1955 W. Truckers Drive
Fayetteville, AR 72704**

What is needed while at the hospital?

Patients wear comfortable clothes and are not required to wear hospital gowns. Clothing and other items can be dropped off at the reception desk from 7:00am to 11:00pm Monday through Friday, and 8:00am to 8:00pm Saturday and Sunday. Belts, shoelaces, and drawstrings are not allowed. All items are searched prior to entering the unit. Please see the complete list of restricted items on the opposite side of this page. The nursing staff will be happy to answer any questions concerning items patients can or cannot have on the unit.

Patients will need casual clothes, pajamas, and toiletries including toothbrush, shampoo, toothpaste, hair combs and brushes and other necessities. Some toiletry items are available on the unit as needed. Generally, patients should bring clothing for approximately 5 days. A laundry room is available for patient use.

Items Prohibited at Springwoods:

"No Names" on clothing	Keys
Alcohol (items with alcohol such as facial cleaners)	Knitting Needles
Anything with a cord or battery	Mace
Bandanas	Matches
Bath salts	Medications (includes "any" type)
Battery-Operated Tooth-Brush	Metal grooming equipment (includes combs)
Belts	Metal Nail Files
Blackberry	Mirrors (includes compacts with mirrors)
Blankets/Pillows/Stuffed Animals	Mouthwash
Bluetooth Phones	Nail polish (includes polish remover)
Boots	Neck-Ties
Camera	Needles
Cans (Aluminum, metal-suck, aerosol) /Deodorant	Pagers
Caps/Hats (Yamakas <u>are</u> permitted)	Pantyhose
CD's/ CD Players	Paperclips
Cell phones	Pepper Spray
Cigarette Lighter or Cigarettes	Personal/Musical recreation equipment
Clocks	Picture frames <i>with</i> glass
Curling/Flat Irons	Pins (includes straight pins and safety pins)
Dental Floss	Plastic bags (any size)
Drawstrings	Purses
DVD's/DVD players	Razors
Earphones (includes any electronic device)	Scarves
Electric Shavers	Scissors
Electronic cigarettes	See-through clothing
Fingernail clippers/Tweezers	Shoelaces
Firearms	Short skirts/Short shorts
Food or Beverages	Spray cans (includes hairspray)
Gang-related clothing	Staples (paperwork with staples)
Glass Containers	Steel-toe boots and/or shoes with cleats
Glue or White-Out	Strings
G-Strings or Thongs	Three Ring Binders
Gum or Candy	Tight clothing
Hair Dryers	Tooth-pick
Headbands	Torn clothing
Herbal chewing tobacco	Under-wire Bras
Hooded tops or Jackets	Video Games/Handheld Games
Ink Pens/Pencils/Pencil Sharpener	Walkmans (any electronic device)
iPods/Radios/MP3 Players (any electronic device)	Wire hangers
Jewelry/Watches/Body Jewelry	Wristbands